



Pool Schedule November

Pool schedule is subject to change without notice due to staffing, weather, ETC

**Closed for
Thanksgiving
11/27
Happy Swimming!**

Asheville YMCA

South Pool

Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday				Time																																						
Lane	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	Lane																																						
6-7 AM	Ind. Ex.	Lap Swim 6a-9:20a			Ind. Ex.	Lap Swim 6a-8:50a			Ind. Ex.	Lap Swim 6a-9:20a			Ind. Ex.	Lap Swim 6a-8:50a			Ind. Ex.	Lap Swim 6a-8:20a			Closed				Closed				6-7 AM																																						
7-8 AM																					Ind Lap Swim								7-8 AM																																						
8-9 AM																					Ind Lap Swim								8-9 AM																																						
9-10 AM	Hydro Burn				Hydro Burn				Hydro Burn			Hydro Burn			Deep Water Fitness			Swim Lessons 8:20-12:10p				Closed							9-10 AM																																						
10-11 AM																													Cardio Splash			Cardio Splash			Cardio Splash			Cardio Splash			Cardio Splash				Cardio Splash				10-11 AM																		
11-12 PM	Fluid Movement				Fluid Movement				Fluid Movement			Fluid Movement			Fluid Movement																																		Fluid Movement				11-12 PM														
12-1 PM																		Ind. Ex.	Lap Swim 11:40a-1:50p										Ind. Ex.	Lap Swim 11:15a-1:50p			Ind. Ex.	Lap Swim 11:15a-1:50p			Ind. Ex.	Lap Swim 11:40p-1:50p			Family Swim 12:20p-4p			PL	Closed								12-1 PM														
1-2 PM	Ind. Ex.	Lap Swim 11:40a-1:50p			Ind. Ex.	Lap Swim 11:15a-1:50p			Ind. Ex.	Lap Swim 11:15a-1:50p			Ind. Ex.	Lap Swim 11:40p-1:50p			Family Swim 12:20p-4p									Family Swim 1p- 2:50p																		Private Lessons					1-2 PM																		
2-3 PM																																	Hydro Burn				Deep water fitness							Hydro Burn					Deep water Fitness			Hydro Burn			Family Swim 12:20p-4p				Family Swim 1p- 2:50p				Private Lessons	2-3 PM			
3-4 PM	Family Swim 3p-4p				Family Swim 3p-4p				Family Swim 3p-4p				Family Swim 3p-6:20p																																																		Family Swim 3p-6:20p			Family Swim 3:10p- 7:30p	
4-5 PM																						Swim Lessons (Only) 4p-6:30p			Family Swim 3p-6:20p			Swim Lessons (Only) 4p-6:30p					Family Swim 3p-6:20p				Family Swim 3p-6:20p				Family Swim 3:10p- 7:30p			Family Swim 12:20p-4p					Family Swim 1p- 2:50p				Private Lessons	4-5 PM													
5-6 PM	Swim Lessons (Only) 4p-6:30p				Family Swim 3p-6:20p				Swim Lessons (Only) 4p-6:30p				Family Swim 3p-6:20p				Family Swim 3p-6:20p																																				Family Swim 3:10p- 7:30p			Family Swim 12:20p-4p				Family Swim 1p- 2:50p				Private Lessons	5-6 PM		
6-7 PM																				Swim Lessons (Only) 4p-6:30p			Family Swim 3p-6:20p			Swim Lessons (Only) 4p-6:30p			Family Swim 3p-6:20p			Family Swim 3p-6:20p			Family Swim 3:10p- 7:30p			Family Swim 12:20p-4p				Family Swim 1p- 2:50p																						Private Lessons	6-7 PM		
7-8:30 PM	Ind	Lap Swim			Ind.	Lap	Swim Team Lap Swim		Ind	Lap Swim			Ind.	Lap	Swim Team Lap Swim		Closed																													Closed				Closed				7-8:30 PM													

North Pool

Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday				Time
Lane	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	Lane
6-8 AM	Lap Swim Until 4:00p				Lap Swim Until 6:00p				Lap Swim Until 4:00p				Lap Swim Until 6:00p				Lap Swim Until 4:00p				Closed				No Swim Team: Fri 11/7 Mon 11/10 Fri 11/28				6-8 AM
8-10 AM																													8-10 AM
10-12 PM																													10-12 PM
12-2 PM																													12-2 PM
2-4 PM	Swim Team 4p-6p				Swim Team 6-7:30 Lap Swim				4-6pm Swim Team Lap swim Water Polo 7:30p-8:30p				Swim Team 6-7:30 Lap Swim				4-5:30 Swim Team Open Kayak 5:30p-7:15p Reg. Required See Below				Lap Swim 7:15a-6:30p				Lap Swim 1p-4:30				2-4 PM
4-6 PM																													4-6 PM
6-8:30 PM																									Closed				6-8:30 PM

>>To register for open kayak please visit ymcawnc.org/programs-search<<

Lap Swim	Independent Exercise	Swim Team	Open Swim
Group Ex	Swim Lessons	Specialty	

For Questions contact Aquatics Manager - Programing Jeri Martin jmartin@ymcawnc.org

For lifeguarding, safety, and lifeguard job applications, contact Association Aquatics Director

Ben Watson: bwatson@ymcawnc.org



**BE A LEADER
BE A LIFEGUARD**

GUARD

NOW HIRING LIFEGUARDS

**Help people stay safe and confident
around water as a YMCA lifeguard!**

Lifeguard certification courses provided by the Y.



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job opportunities here.**

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courses here.**



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